

Clinical Information Sheet

Please read this information before attending your first session

Payment

Session fees payable by cash, eftpos or net transfer.

Eftpos transactions incur a 1.8% surcharge.

If doing net transfer, please pay on the same day as your session unless you have made an alternative arrangement with me.

Session Times

Sessions run from between 60 – 90 mins as required.

Punctuality

Please text me in advance if you are running late.

Unfortunately I will not be able to extend our session time to compensate for late arrivals.

Cancellations

If you are unable to make your session please let me know, no later than 2 days before your appointment. Any appointments cancelled the day before, or on the same day as your session, will need to be paid in full.

Session Notes

I keep notes on sessions. These do not contain identifying information. They are stored securely.

Code of Ethics

I am a clinical member of PACFA, a peak regulatory body for psychotherapists and counsellors. I abide by the PACFA Code of Ethics.



Confidentiality

All sessions are completely confidential EXCEPT under the following circumstances:

- If information is shared that indicates a child may be at risk of significant harm, I will be required to make a report to the relevant authorities as I am a mandatory reporter.
- 2. If I believe you are at risk of seriously harming yourself or others I would want to discuss this with my supervisor and/or the relevant support services in order to ensure your/their safety. I would only do this in circumstances that appear imminent and where possible after consultation with you.
- 3. In supervision with my my clinical supervisor I may discuss the content and themes of our work together in order to support my professional development. I will not share your name or any identifying information with my supervisor.
- 4. If I am required by court of law to give evidence. This would only happen after speaking with you and after consultation with my clinical supervisor.

Thanks so much, and I look forward to meeting you.

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